

Waterbirth Certification and Education Workshop Sunday October 9th, 2016 9am to 4:30pm

Holistic South Pregnancy & Birth Center



Waterbirth International
www.waterbirth.org
Barbara Harper, RN,
Founder /Director

Waterbirth is more than a fad, it's evidence based practice.

This workshop is a required certification course for practicing midwives and doctors in many hospitals in the US.

It provides the best waterbirth education for nurses, childbirth educators and doulas. Parents are always welcome to attend.

There is a special emphasis on hospital integration and safety during this workshop with demonstrations, film and hundreds of photographs.

Objectives: At the end of this session participant will be able to:

- Discuss the current ACOG/AAP position statement on birth in water, based on recent research evidence
- Outline the recommended steps to prevent and/or resolve a shoulder dystocia during a birth in water
- List three conditions where water immersion could be used as an intervention in labor
- Explain the physiology of newborn transition and the significance of delayed cord clamping on newborn breathing
- Explain the four physiological mechanisms that prevent the baby from taking a breath in water
- List three instances where water immersion is contraindicated and explain why

The course has been approved by the American College of Nurse Midwives - program #2012/028. This course has also been previously approved for CME credits for physicians by the American Congress of Obstetricians and Gynecologists and the American Academy of Family Practice Physicians

Barbara Harper, RN founded Waterbirth International in 1988, so that waterbirth would be an available option for all women. Barbara has just returned from her 11th teaching trip to China. Her workshops and lectures are in demand in medical and nursing schools around the world. She has been providing education, training programs, consultations and referrals for parents and practitioners internationally for 3 decades. She has helped hundreds of hospitals throughout the world begin waterbirth programs. Her book and DVD, "Gentle Birth Choices" is required reading in midwifery schools & has been translated into many languages, including Chinese. Her next book, "Birth, Bath & Beyond: A Practical Waterbirth Guide," will be out soon. Come see why Barbara is such a sought-after speaker, author and clinician.



Registration is online at
www.waterbirth.org

Workshop fees:
Providers: \$295

Nurses-doulas-Childbirth
Educators: \$145

Students—nurses, midwives,
new doulas, medical students:
\$75.00

**Holistic South Pregnancy &
Birth Center**
9275 SW 152nd St #100
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Questions? 503-710-7975 or info@waterbirth.org